

## Stamp Art

In addition to being good for you, produce such as apples and potatoes, can make colorful artwork when used as stamps. Students will enjoy making fun creations while learning about different fruits and vegetables. Be sure to cut the food and create the stamps prior to beginning the activity.



### You will need:

Construction paper  
Paint  
Various fruits and/or vegetables, such as apples and potatoes  
Knife

### How to:

1. Slice the fruits and vegetable in half. You may also choose to carve designs in them.
2. Have children dip the food in paint and stamp on the construction paper to create designs and pictures.
3. Optional: After letting them dry, the artwork can be laminated or covered in contact paper to create placemats that children can use.

### Suggested Books:

Apples for Everyone by Jill Esbaum  
Amazing Apples by Consie Powell  
Apple Farmer Annie by Monica Wellington  
Apples Here! by Will Hubbell  
Up, Up, Up! It's Apple Picking Time by Jody Fickes Shapiro  
Potatoes by Dorothy Turner  
Two Old Potatoes and Me by John Coy